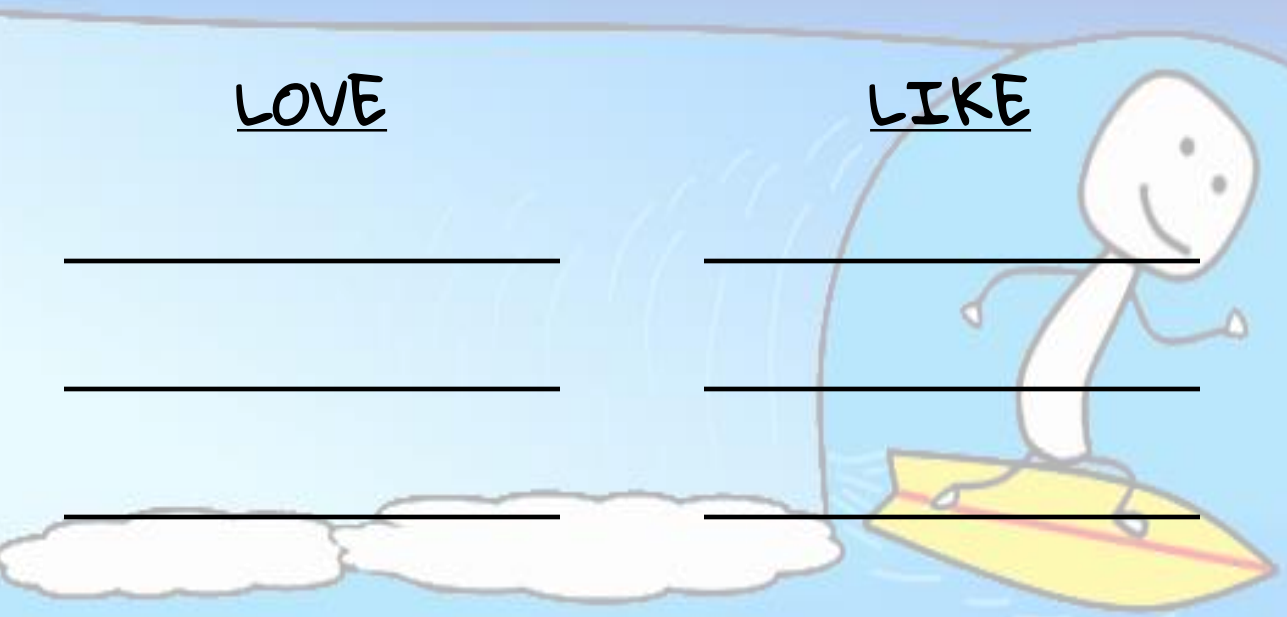
Stuff I Like To Do...

This is a simple exercise: just write down things you LOVE, LIKE, and ENJOY doing. These are the things you need to start doing more of to help declutter your mind. Don't hold back. If you like afternoon naps, write it down - after all - who doesn't enjoy a good siesta!



LOVE	LIKE	ENJOY